“When one door closes, another opens; but we often look so long and so regretfully upon the closed door that we do not see the one which has opened for us.”

“Alexander Graham Bell

I would like to thank all our health care workers and particularly all the members of our large Orthopaedic family for their amazing efforts during the pandemic.

Our first virtual Hans K. Uthoff research day was a great success with over 80 attendees with impressive research led by our residents, fellows and medical students. A huge thank you to our Resident Research Supervisor, Dr. George Grammatopoulos, for organizing this event. Bravo à tous!

Our top academic performers were recognized as well and the Resident, Staff Teaching and Jacques Robichon Service Awards were presented to Drs. Kendrick Au, Braden Gammon and Steve Papp, respectively. To reflect our values of collaboration and teamwork, the Let Us Move You Team Award was introduced this year and awarded to our Patient Safety/Continuous Quality Improvement Team and Research Coordinators.

We wish our colleague, Dr. Braden Gammon, the best of luck in his move to Vancouver, BC where he will be joining the hand and wrist team. Thank you for the great care and education you provided for those seven years. Dr. Ang Li will be doing a locum with us as our hand and wrist specialist.

Finally, I would like to wish all of you a great end of summer and despite the adversity that we have faced, we must not forget our own personal health which is key to our resilience.

CONGRATULATIONS TO OUR GRADUATING CLASS OF 2020!

From left to right: Dr. Kamal Bali, Dr. Akshay Seth, Dr. Kendrick Au, Dr. Alison Suraci, Dr. Paul Beaulé, Division Head, Dr. Megan Richards, Dr. Andrew Adamczyk, Dr. Ivan Kamikowski
Our annual Hans K. Uhthoff Research Day was held virtually this year via Microsoft Teams on May 22, 2020 with over 80 attendees.

Our congratulations to all winners!

*Resident Papers*

**First prize – Brendan Swift MD**

“Comparing Two Cephalomedullary Nails for Elderly Intertrochanteric Fractures: Zimmer Natural Nail versus Trochanteric Fixation Nail”

**Second prize – Marc-Antoine Ricard MD**

“Total Shoulder Arthroplasty is More Cost Effective than Hemiarthroplasty: A Real-world Economic Evaluation”

*Fellow Paper*

**Adriana Martinez Gomez MD, FRCSC**

“Chronic Exertional Compartment Syndrome: Correlation between Phonomyography a Non-invasive Technique and Intra-compartmental Pressures in a Series of Patients”
Poster

Ang Li MD, FRCSC

“A Multicenter Randomized Controlled Trial Comparing Single Row with Double Row Fixation in Arthroscopic Cuff Repair: Long-term Follow-up”

Medical Student Paper

Ethan Sanders BSc

“Outcome Following Open Reduction Internal Fixation (ORIF) of Acetabular Fractures in the Elderly - Comparison to ORIF-THA”

The year end Grand Rounds were also held virtually on June 24, 2020 where our annual awards were presented

Jacques Robichon Award for Exemplary Service Recipient
Steven Papp MD, MSc, FRCSC

Dr. Paul Beaulé and Dr. Steven Papp
Staff Teacher Award Recipient
Braden Gammon MD, MSc, FRCSC

Resident Teacher Award Recipient
Kendrick Au MD

Dr. Kendrick Au and Dr. Karl-André Lalonde,
Residency Program Director

Merv Letts Award/Anatomy Cup Recipient (best Orthopaedic in-training and anatomy exam scores)
Kamal Bali MD

Dr. Kamal Bali and Dr. Karl-André Lalonde,
Residency Program Director
Andry Nicholas Sports Trophy Recipient
Alexandra Bunting MD

Let us Move You Team Award Recipients
Patient Safety and Continuous Quality Improvement Team:
Jung-Kyong Kim PhD, Ashley Perreault RN, Lilly Jean-Pierre BHSc

Research Coordinators:
Yusra Al Mosuli MD, PhD, Meaghan Dufresne M.HK, Nicole Harris BSc, Cheryl Kreviazuk B.A., Katie McIlquham HBScHK, RKin, Dita Moravek PhD, Kristina Vogel, MSc BSc
Best Edmodo Scores

Faculty member: Geoffrey Wilkin MD, FRCSC
Resident: Alenko Šakanović MD

CHEO performs Ontario’s first modern Luqué Trolley Technique

The treatment of Early Onset Scoliosis (EOS) is a significant surgical dilemma for the pediatric orthopedic surgeon. Fusion surgery at a young age has been associated with thoracic insufficiency syndrome and early death. The quest for scoliosis correction and maintained spinal growth remains a predicament with multiple options being developed.

The modern Luqué Trolley Technique was designed by Dr. Jean Ouellet in Montreal and is a passive growth-guiding solution for the treatment of EOS. It is designed for continued passive spinal growth along the rods thereby reducing the need for lengthening surgeries and the overall morbidity of growth-friendly surgeries. It utilizes paired highly polished titanium bullet-nosed rods that sit in a dual saddle polyethylene tulip, secured with PEEK cable ties. This surgery was successfully completed in July by Drs. Kevin Smit and Andrew Tice on a young patient with congenital muscular dystrophy with the assistance of Dr. Ouellet.
1: Does Functional Cup Orientation Change at Minimum of 10 Years After Primary Total Hip Arthroplasty?  
Author(s): Cotter BD, Inmann MM, Dobransky JS, Merle C, Beaulé PE, Grammatopoulos G.  
PubMed ID: 32444235

2: The Lisbon Agreement on Femoroacetabular Impingement Imaging-part 1: overview  
PubMed ID: 32405754

3: Safety of Single-Stage Bilateral Versus Unilateral Anterior Total Hip Arthroplasty: A Propensity-Matched Cohort Study  
Author(s): Vanbiervliet J, Dobransky J, Poitras S, Beaulé PE.  
PubMed ID: 32554997

4: Glenoid exposure in shoulder arthroplasty: the role of soft tissue releases  
Author(s): Lovse LJ, Culliton K, Pollock JW, Derome P, Louati H, Lapner P.  
PubMed ID: 32490430

5: Ottawa classification for symptomatic acetabular dysplasia assessment of interobserver and intraobserver reliability  
PubMed ID: 32566146

6: Blood Management for Elective Orthopaedic Surgery  
Author(s): Palmer A JR, Gagné S, Fergusson DA, Murphy MF, Grammatopoulos G.  
PubMed ID: 32558663

7: Pharmacological prevention of fractures in patients undergoing glucocorticoid therapies: a systematic review and network meta-analysis  
PubMed ID: 32572480

8: Guidance for management of cancer surgery during the COVID-19 pandemic  
PubMed ID: 32343118

9: Ten-Year Experience With the Anterior Approach to Total Hip Arthroplasty at a Tertiary Care Center  
Author(s): Gofton WT, Ibrahim MM, Kreviazuk CJ, Kim PR, Feibel RJ, Beaulé PE.  
PubMed ID: 31955983

10: Opioid use trends in patients undergoing elective thoracic and lumbar spine surgery  
PubMed ID: 32463627

Author(s): Dervin G  
PubMed ID: 32496355

12: Is There a Role for Preclosure Dilute Betadine Irrigation in the Prevention of Postoperative Infection Following Total Joint Arthroplasty?  
Author(s): Slullitel PA, Dobransky JS, Bali K, Poitras S, Bhullar RS, Ottawa Arthroplasty Group, Kim PR.  
PubMed ID: 31926778

13: Preoperative Factors Predict Postoperative Trajectories of Pain and Disability Following Surgery for Degenerative Lumbar Spinal Stenosis  
PubMed ID: 32541610
Congratulations to Dr. R. Baxter Willis for receiving the 2020 COA Lifetime of Service Award for exceptional service and consistent contributions to the orthopaedic community and to the Canadian Orthopaedic Association

Promotion Announcements

**Dr. Wade Gofton**

Congratulations to *Dr. Gofton* for being appointed as the Lead of the Adult Reconstruction Service.
Dr. Christopher Kennedy

On July 29, 2020, Dr. Kennedy received a socially distanced promotion to the rank of Commander at the 1 Canadian Field Hospital at CFB Petawawa. He has been a member of the Canadian Armed Forces since August 1999 and during his career, Dr. Kennedy has been deployed to Pakistan, Afghanistan, Iraq and Africa.

BRAVO!

Dr. Christopher Kennedy (on the right)

Dr. Philippe Phan

Our congratulations to Dr. Phan for his promotion to Associate Professor at the University of Ottawa.

Farewell to Dr. Braden Gammon

Our best wishes to Dr. Gammon who will be moving his practice to St. Paul’s Hospital in Vancouver and joining the Upper Extremity faculty at the University of British Columbia.
Doff your PPE and don knowledge of your opioid prescribing patterns!

*Health Quality Ontario* has created a new program that creates a tailored report for orthopedic surgeons performing hip and knee arthroplasty. You can learn more about your surgical practice by signing up for a new confidential, voluntary report that includes personalized data about your post-operative opioid prescribing for hip and knee replacements, along with suggestions to support you in improving care for your patients.

**What’s in the report?**

- Provincial-level data so you can see your post-operative opioid prescribing patterns for hip and knee replacements in relation to your peers.
- Practical tools and resources to help manage your hip and knee replacement patients’ postsurgical acute pain, including advice on the appropriate use of opioids.
- Suggestions alongside your data so you can spend less time looking for solutions that may already exist and more time helping your patients use opioids wisely after surgery.

If you are a hip or knee arthroplasty surgeon, we encourage you to sign up to receive your report at:

https://www.hqontario.ca/quality-improvement/practice-reports/orthopaedic-surgery/consent

- You can receive CME SECTION 3 CREDITS by doing so. Yes, section THREE!

If you are not a hip and knee arthroplasty surgeon, do not fret, you are still cool as a crisp August cucumber and you too can learn more about Ontario’s Opioid Wisely program and recommendations at:

A warm welcome to our new Research Program Manager, Scott Mullen B.Sc., CCRP

Scott Mullen is originally from the beautiful Annapolis Valley in Nova Scotia. He attended Dalhousie University where he graduated with a B.Sc. in Neuroscience and played three years of varsity soccer. After completing his undergraduate degree, Scott took an interest in the world of Clinical Research and he elected to move to Toronto in 2008 where he received a Clinical Research Post-Graduate Certificate from Humber College. For his program internship, he moved to Ottawa and worked at the Kidney Research Centre at OHRI. He was hired as the lead coordinator for multiple dialysis and kidney transplantation research protocols and achieved his SoCRA Certified Clinical Research Professional designation.

In 2014, Scott moved to the Ottawa Blood Disease Centre to work under Dr. Marc Rodger in Thrombosis research where he worked on both industry-sponsored and investigator-initiated studies. In 2017, due to the highest North American recruitment numbers, Scott successfully completed OHRI’s first FDA audit. With over 11 years of Clinical Research experience, Scott has acquired an understanding of multiple therapeutic areas and an in-depth knowledge of the clinical process.

Scott is an avid hockey fan and continues to play hockey in his free time. He has been a volunteer coach for the last six years; most recently with the Ottawa Jr. 67s Peewee AAA hockey club. He enjoys travelling, when time permits, with his partner and together they are the proud owners of a two-year-old golden doodle named Isla. Unfortunately, even after 11 years living in the Ottawa area, Scott is still a BIG fan of the Montreal Canadians!

Congratulations to Stéphane Poitras PT, PhD

A big congratulations to Dr. Stéphane Poitras who has been promoted to Full Professor at the University of Ottawa. Dr. Poitras is also currently the Head of the Physiotherapy Program, School of Rehabilitation, and has played an integral role in the Division of Orthopaedic Surgery as the Scientific Lead for our Continuous Quality Improvement Program.

Over the years, Dr. Poitras has been a key mentor to our research staff, residents and fellows. He has guided the methodological and statistical aspects of many projects. Bravo Dr. Poitras!
CORS 2020 Founders' Medal

Our congratulations to Dr. Hesham Abdelbary and Mariam Taha, PhD, and the PJI lab team for being awarded the CORS 2020 Founders' Medal for Dr. Taha's presentation on how "Bacteriophage Cocktail is More Efficacious in Treating MRSA Biofilm on Plasma Spray Titanium Surface Compared to Vancomycin or a Single Bacteriophage."

Dr. Hesham Abdelbary  Mariam Taha, PhD

PSI Foundation

Congratulations to Dr. Stephanie Antoniades for being awarded the PSI Resident Grant in the amount of $29,500.00 for her study “A Motion Analysis Study of Patients With and Without Lumbar Spine Arthrodesis to Unravel the Effect of Spino-pelvic Mobility” under the supervision of Dr. George Grammatopoulos.

Farewell to Kristina Vogel

We would like to thank Kristina Vogel for her contributions over the past four years to the Research Department and wish her all the best in her future endeavours.
Congratulations to our graduating fellows!

**Adult Reconstruction Fellowship**
- Dr. Daniel Fishman, Chile
- Dr. Adriana Martinez Gomez, Canada
- Dr. Graeme Nicol, UK
- Dr. Andrew Stewart, Canada

**Pediatric Orthopaedics Fellowship**
- Dr. Wael Alrammaal, Saudi Arabia

**Comprehensive Knee Fellowship**
- Dr. Jeffrey Hartman, Canada

**Spine Surgery Fellowship**
- Dr. Osama Ahmed, Sudan
- Dr. Abdulhadi Algahtani, Saudi Arabia
- Dr. Fawaz Al-Motairi, Saudi Arabia

**Foot and Ankle Fellowship**
- Dr. Michael Li, Canada
- Dr. Angela Seidel, Germany

**Trauma Fellowship**
- Dr. Nuno Alves Batista, Portugal
- Dr. Denis Joly, Canada
- Dr. Sarfraz Malleck, Canada

**MSK Oncology Fellowship**
- Dr. Abdulrahman Alaseem, Saudi Arabia
- Dr. Orlyn Collins, Guyana
- Dr. Ang Li, Canada

**Upper Extremity Fellowship**
- Dr. Angela Seidel, Germany

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Flags of Britain, Canada, Chile, Germany, Guyana, Portugal, Saudi Arabia, Sudan
Our PGY-1 residents are starting the academic year off strong!
Back to basics with pre-op planning!

From left to right: Dr. Taylor Woolnough (lying down), Dr. Nuno Alves Batista, Dr. Thomas Dymond, Dr. Salman Alfaresy, Dr. Michaela Burke
New social media representative, Dr. Raman Bhullar

*Dr. Bhullar* currently oversees all social activities and events affiliated with the Ottawa Orthopaedic Surgery program. His new role will now give him the opportunity to showcase our University program's activities on various social media platforms, including Instagram and Twitter.

Please forward any material you wish to be featured in our department's social media pages to Raman at rbhullar@toh.ca.

New additions to the Orthopaedic Family!

*Dr. Nuno Alves Batista and wife Jennifer* are the proud parents of a beautiful daughter, Matilda Louise Batista. She was born on July 1, 2020 at 4:29 am weighing 7lb 8oz.

![New addition](image1)

*Dr. Andrew Adamczyk and wife Evelyn* had a lovely baby girl named Parker Brooke Adamczyk, born on June 20, 2020 at 2:20 pm, weighing 8lb 3oz.
OWN MSK is back in full swing despite the pandemic. Our volumes have exceeded pre-Covid levels which is a testament to the hard work everyone has done to make our clinic the success that it is.

Our quick response to moving to a completely virtual model at the onset of the pandemic was integral in showing WSIB our ability to provide safe and effective care. All our specialty surgeons attended special education sessions on virtual exam. A special thank you to Drs. Grammatopoulos, Liew, and Lalonde who ran the lower extremity virtual education session province wide. Due to all these efforts, we were able to provide effective high quality assessments and treatments to our injured workers.

As you know, we are slowly moving to a hybrid model mix of virtual and in person visits which is presently primarily virtual in an effort to control the number of patients in the clinic. At this time, we are seeing a maximum of 16 assessment patients in person per day and will slowly increase as we continue to build capacity and assess the safety of staff and patients.

We want to wish all the best to Dr. Braden Gammon in Vancouver and thank him for his contributions to making us a success. OWN would like to welcome Drs. Brent Trull and Ang Li who will be sharing the load of covering for Dr. Gammon and seeing our Hand and Wrist specialty clinic patients.
General Campus

Students' transition to registered nurses in pandemic times

Upon completion of each academic year, 6NE welcomes newly graduated Registered Nurses to our staff. This year (as with most learners) the Covid-19 pandemic interrupted the training of our fourth-year students very close to graduation.

Imposing many challenges on The Ottawa Hospital, Covid-19 threatened possible nursing resource shortages or even absences. Consequently, our Nursing Professional Practice Department developed a temporary model for nursing. Using the Collaborative Care Team model, our fourth-year RN students assumed an interim role, the Clinical Care Assistant (CCA).

The CCAs practiced as unregulated care providers working under selected RN supervisors to care for assigned groups of stable patients. On 6NE, our fourth-year students eagerly assumed this role.

Nursing Professional Practice intended this model to be implemented only if The Ottawa Hospital encountered significant staffing shortage or surges of acutely ill patients. Given the Long-Term Care crisis and previously existing staffing deficiencies, the Collaborative Care Team model was implemented successfully on 6NE. Our CCAs demonstrated remarkable flexibility and competence, assisting 6NE to continue providing excellent patient care through the challenging Covid-19 pandemic period.

We proudly welcome four of our (former) CCAs as Registered Nurses on 6NE. Look for these new faces and be sure to welcome them to the Orthopaedic team!

From left: Natasha Goodale, Robert Ellis, Geneviève Fillion and Elisha McReynolds
Alumni, please send us your news!

New custom masks for Orthopaedic Surgery coming soon!

Stay tuned!