Vol 4 No. 4

Looking back at this academic year, we can all be very proud of our accomplishments! This can only be done with a team approach at all levels. Thank you all for your engagement!

We held another successful Hans K. Uthhoff Research Day with over 25 original papers presented by our residents, fellows and graduate students. Later on that evening, we hosted 200 guests, colleagues and friends who joined our Visiting Professor, Dr. Christopher Peters, from the University of Utah, to celebrate our academic year and honor Dr. Louis Lawton who will be retiring in December after 33 years of service at CHEO and Dr. Joel Werier who was the recipient of the Jacques Robichon award this year for exemplary service by a faculty member.

We would like to welcome Kelly Lafontaine RN as our new Manager on 6NE at the General Campus.

**MARK YOUR CALENDARS!** The Hans K. Uthhoff Research Day will be held next year on Friday, May 22, 2020 combined with our 3rd Edition of the Ottawa Alumni Update to be held on Saturday, May 23, 2020.

Paul E. Beaulé MD FRCSC
Head, Division of Orthopaedic Surgery
University of Ottawa
www.uottawaortho.ca

**DIVISION NEWS**

**HANS K. UTHHOFF RESEARCH DAY HELD ON FRIDAY, APRIL 26, 2019 AT THE UNIVERSITY OF OTTAWA WAS A HUGE SUCCESS!**

Dr. Christopher L. Peters, Visiting Professor
George S. Eccles Endowed Professor of Orthopaedic Surgery at the University of Utah, Salt Lake City, Utah

Left to right - first row: Drs. Mazen Ibramin, Karl-André Lalonde, Robert Feibel, Paul E. Beaulé, Christopher Peters, Paul Kim, Mario Lamontagne, Geoffrey Dervin, Hesham Abdelbary
TOP THREE RESIDENT PAPERS

First prize – Kendrick Au MD

“A Biomechanical Analysis of the DRUJ Ballottement Test”

Second prize – Brendan Swift MD

“Antibiotic Cement does not Reduce the Rate of Deep Joint Infection in Primary Total Knee Arthroplasty”

Third prize – Jonathan Howatt MD

“Fifteen Year Survivorship of 1719 Medial Oxford Unicompartmental Knee Replacements Performed at a Single Center: The Ottawa Hospital Experience”

TOP FELLOW PAPER

Diego Tourn MD

“Pre-Operative CT Surface-Merge Navigation Improves Safety of Pedicle Screw Placement in the Treatment of Adolescent Idiopathic Scoliosis”
**JACQUES ROBICHON AWARD RECIPIENT:** Joel Werier MD, FRCSC

Drs. Joel Werier and Paul E. Beaulé

**BEST STAFF TEACHER AWARD RECIPIENT:** Randa Berdusco MD, MSc, FRCSC

Drs. Paul E. Beaulé and Randa Berdusco

**BEST RESIDENT TEACHER AWARD RECIPIENT:** Kamal Bali MD

Drs. Kamal Bali and Karl-André Lalonde
ANATOMY CUP WINNER (best anatomy exam score): Olivier Gauthier-Kwan MD

Drs. Olivier Gauthier-Kwan and Karl-André Lalonde

MERV LETTS AWARD RECIPIENT (best Orthopaedic in-training exam score): Kamal Bali MD

Drs. Karl-André Lalonde, Kamal Bali, Merv Letts

ANDRY NICHOLAS SPORTS AWARD: Olivier Gauthier-Kwan MD

Drs. Olivier Gauthier-Kwan and Karl-André Lalonde
FELLOWSHIP RECOGNITION

Adult Reconstruction Arthroplasty Fellowship

Drs. Paul E. Beaulé, Andrew Bodrogj, Paul Kim, Robert Feibel, George Grammatopoulos

Drs. Paul E. Beaulé, Paul Kim, George Grammatopoulos, Saf Malleck, Robert Feibel

Absent: Dr. Daniel Castano

Adult Reconstruction Research Fellowship

Drs. Paul E. Beaulé, Pablo Slullitel, Paul Kim, Robert Feibel, George Grammatopoulos

Drs. Paul E. Beaulé, Jens Vanbiervliet, Paul Kim, Robert Feibel, George Grammatopoulos

Drs. Paul E. Beaulé, Moritz Innmann, George Grammatopoulos
Comprehensive Knee Fellowship

Drs. Paul Jamieson and Geoffrey Dervin

Foot and Ankle Fellowship

Drs. Pierre-Marc April and Karl-André Lalonde
Drs. Adriana Martinez Gomez and Karl-André Lalonde

Hand and Wrist Fellowship

Drs. Martine Campagna and Braden Gammon
Musculoskeletal Oncology Fellowship

Absent: Dr. Abdullah Alhazmi

Pediatric Orthopaedic Surgery Fellowship

Absent: Dr. James Jarvis, Diego Tourn, Ken Kontio
Spine Surgery Fellowship

Absent: Drs. Mohammed Alswat, Stephanie De Vere

Trauma Fellowship

Absent: Drs. Karl-André Lalonde, Steven Papp, Andrew Stewart, Mohammad Alzahrani, Geoffrey Wilkin

Upper Extremity Fellowship

Absent: Drs. Peter Lapner, Saif Aldhuhouri, J Pollock
HONORING DR. LOUIS LAWTON, PEDIATRIC ORTHOPAEDIC SURGEON AT CHEO

Dr. Lawton will be retiring in December 2019 after 33 years of service at CHEO (1986-2019)! Dr. Lawton was the Residency Program Director from 2003-2008 and was also the Chief of Pediatric Orthopaedic Surgery from 2012-2015.

We wish him a happy and well-deserved retirement!

Drs. Paul E. Beaulé, Louis Lawton, Ken Kontio

...AND THANK YOU TO DR. BRADEN GAMMON, RESIDENT RESEARCH SUPERVISOR 2016-2019

Dr. Braden Gammon was the Resident Research Supervisor for the past four years. He will now join Dr. J Pollock as co-Director of the Orthopaedics Biomechanics Lab.

Drs. Karl-André Lalonde, Braden Gammon, Paul E. Beaulé
RECOGNITION OF THE SENIOR ADMINISTRATIVE ASSISTANTS WITH OVER 15 YEARS OF EXPERIENCE AT THE HANS K. UHTHOFF RESEARCH DAY

Nancy Harris – Dr. Robert Feibel’s assistant since July 1995

Connie Moore – Dr. Geoffrey Dervin’s assistant since August 2000

Elaine Flood – Dr. Allan Liew’s assistant since September 2000
MORE PHOTOS FROM OUR ANNUAL DINNER!

Dr. Paul E. Beaulé

Drs. Meaghan Marien, Alison Suraci, Manisha Mistry, Stephanie Coupal, Lisa Lovse

Johanna Dobransky and Jason El Bilali

Drs. Hans K. Uhthoff and Annagret Uhthoff

Dr. Merv Letts and Mrs. Marilyn Letts

Drs. Karl-André Lalonde and J Pollock

Drs. Saif Aldhuhoori, Joel Werier, Ibrahim Almotery
Our CHEO Team! Dr. James Jarvis, Jessica Romeo, Drs. Ken Kontio, Diego Tourn, Kevin Smit, Lou Lawton, Andrew Tice

Pilot Leonard Innmann!

Drs. Mario Lamontagne and Geoffrey Dervin

Annual dinner held at the Canada Aviation and Space Museum
The team leads were Dr. Robert Feibel and Dr. Eugene Wai of the Division of Orthopaedic Surgery. The trip was a great success with 20 team members from The Ottawa Hospital bolstered by health care providers from CHEO and Kemptville District Hospital. The team brought along almost 2,000 pounds of medical supplies donated from various sources, including two large duffle bags of toys for the children at one of the local orphanages. Fracture care was the main focus during the week but a chronic septic ankle was debrided surgically, a painful Moore’s was revised to a total hip in a 27 year old and a primary total hip was performed in a 25 year old patient with an untreated pediatric septic hip. Dr. Mary Jean Duncan, a plastic surgeon at CHEO, joined as well and performed many cleft lip and palate surgeries on children in need. The team was challenged by a trauma case in a female with an initial hemoglobin of 46 g/L and only two units of blood in the hospital blood bank. The SIGN Fracture Care International nail was available and fortunately a retrograde locked femoral nail could be inserted without fluoroscopic guidance. Team Saskatoon followed 2 weeks after Team TOH and were evacuated prior to the end of their mission due to street protests and safety concerns in Port au Prince.
We had the pleasure of hosting Drs. Benjamin J. Burston, UK, Meilyn Muskus Ealo, Columbia, Anyaehie Udo Ego, Nigeria and Roshan P. Shah, New York from March 27-29, 2019. Ottawa was their only Canadian destination. They had the opportunity to visit other centres such as the Mayo Clinic, Rothman Institute, Hospital for Special Surgery and OrthoCarolina Sports Medicine Centre.
Senators game anyone...hosted by one of our alumni, Dr. Don Chow!

First row (left to right): Drs. Roshan Shah, Anyaehie Udo Ego, Meilyn Muskus Ealo, Benjamin Burston, Andrew Bodrogi, Saf Malleck, Daniel Castano
Second row (left to right): Dr. Donald Chow, Stefanie Charles, Victoria Slullitel, Dr. Paul E. Beaulé, Dr. Wade Gofton, Dr. Pablo Slullitel

CQI CORNER WITH DR. RANDA BERDUSCO - WELL DONE ORTHO SPINE TEAM!

The NSQIP data is in and ortho spine exceeded their target goal for a drop in SSI from January-December 2018.

Breakdown
January-December 2017 4.8% SSI (baseline)
Target for 2018 was 3.9% SSI (a 20% reduction)
January-December 2018 2.3% SSI

** ALL departmental surgical cases (captured by NSQIP, general ortho not included) across TOH: reduced SSI by 22% (target goal 20%).

Drs. Philippe Phan, Alexandra Stratton, Stephen Kingwell


**RESEARCH NEWS**

**General Campus**

Congratulations to Kristina Vogel, Clinical Research Coordinator, for passing her CCRP (Certified Clinical Research Professional) exam! BRAVO!

**A PERFECT MATCH!!**

Katie McIlquham and Cheryl Kreviazuk, Clinical Research Coordinators, also coordinate their outfits for work! Totally unplanned on their part!

**CLINICAL NEWS**

The Ontario Workers Network (OWN) program is growing extremely fast and had outgrown our space at the Riverside campus. As a result, we successfully moved all programs over to our new South Keys location, leaving the Riverside for overflow clinics and specialty consults.

Over the last three months, we have welcomed five new team members with three more coming in May. We are in the process of implementing a new way of booking surgeries for our patients and are about to ramp up the treatment portion of our program. As well, we are about to embark on a new project for WSIB, the Occupational Health assessment program (OHAP) that provides early assessment for injured workers.
Congratulations to Dr. Steven Papp MD MSc FRCSC for having been elected to receive the OMA Section Service Award for service to the community and the medical profession.

JUNE 13-15 – REGISTER NOW – EMAIL: cpd@toh.ca

World renowned faculty, interactive format including case-based discussions on hip arthroscopy techniques, open hip surgery, FAI, dual mobility cups, short stems, anterior approach surgery and ceramic on ceramic hip resurfacing. Earn up to 17.75 Section 1 hours!

Join Us!
Paul E. Beaulé MD FRCSC  Wade Gofton MD MEd FRCSC  Etienne Belzile MD FRCSC
Chair  Co-Chair  Co-Chair
Professor of Surgery  Associate Professor  Professeur Agrégé
Head, Division of Orthopaedic Surgery  University of Ottawa  Université Laval
The University of Ottawa Division of Orthopaedics is pleased to present **Current Trends in Orthopaedics in beautiful Sicily, Italy April 26-May 2, 2020**. This event follows the incredible success of our inaugural meeting in the Loire Valley, France in 2018. We are now heading to Sicily - known for its rich history, superb cuisine and magnificent views of the Mediterranean.

There will be an in-depth, educational program concentrating on current trends in orthopaedics designed specifically for orthopaedic professionals. First class speakers, interactive sessions including case reviews are all accompanied with ample time for discussion.

The academic portion of the meeting is complemented by daily **guided cycling and hiking** options allowing you to explore the countryside and ancient Roman ruins up close. The program includes accommodation at the stunning five-star beachfront Verdura Resort, gourmet dining, fabulous wines and some of the best hiking and cycling in all of Italy. The resort is also home to three top-rated Kyle Phillips golf courses. Please join us to experience this fascinating and unique educational event.

[Click here](#) for information and registration. Space is limited.

Paul R. Kim MD, FRCSC
Course Chair

This University of Ottawa CME event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by the Canadian Orthopaedic Association.

**VISITING PROFESSORS**

**HANS K. UHTHOFF RESEARCH DAY VISITING PROFESSOR, APRIL 26, 2019**

Dr. Christopher L. Peters, Visiting Professor

George S. Eccles Endowed Professor of Orthopaedic Surgery at the University of Utah, Salt Lake City, Utah

![Dr. Christopher Peters](#)  

Drs. Karl-André Lalonde, Christopher Peters, Paul E. Beaulé
CONGRATULATIONS TO OUR GRADUATING RESIDENTS!

Left to right: Drs. Karl-André Lalonde, Kevin Rasuli, Meaghan Marien, Olivier Gauthier-Kwan, Manisha Mistry, Lisa Lovse, Mahmoud Almasri, Paul E. Beaulé

With another season of "Fracturelude" behind us, it finally feels like spring might be just around the corner! Although the bears have been hibernating, the residents have been working hard. Our PGY-2s wrote their Surgical Foundations exam in March and our PGY-5s recently completed the Royal College Examinations (written) so everyone is looking forward to getting outside and enjoying some springtime weather!

March also gave us the opportunity to gather together for our annual residents' retreat (big thanks to all the fellows and Drs. AlDuwaisan and Hadden who held down the fort back home with call coverage!). The annual retreat offers the residents a venue to discuss the program, make suggestions and participate in team building exercises, that all contribute to driving our residency program to be one of the best in North America!

Dr. Mahmoud Almasri is passing on his Royal College study tips or discussing something that we are sure is just as academically relevant!

Drs. Amedeo Falsetto, Alexandra Bunting, Michael Cochran and Alenko Sakanovic take some time to enjoy the California sun between lectures at their recent AO Trauma Course.
ALUMNI NEWS

DR. WADIH MATAR, CLASS OF ’06, AND HIS COLLEAGUE DR. CHRIS CARTER FROM GATINEAU SPENT TWO WEEKS IN BUJUMBURA, BURUNDI INTRODUCING TOTAL HIP ARTHROPLASTY

CONGRATULATIONS TO DR. HUSSAIN ALYOUSIF, Adult Reconstruction Fellow (2015-2016) and Trauma Fellow (2016-2017) for being awarded the best oral research presentation at the 7th Emirates International Orthopedic Congress.

NEW ADDITION TO THE ORTHOPAEDIC FAMILY!

Congratulations to Dr. Paul Jamieson and his wife Dr. Roos Ramaekers who became the proud parents of a beautiful girl named Sophie Elizabeth on April 23, 2019.

ALUMNI PLEASE SEND US YOUR NEWS!