



# Ottawa Orthopaedics Quarterly

From the Desk of the Chief

November 2016

Another academic year underway and what a start we have had! We are pleased to welcome three new members to our Division (see below) who will without a doubt help us reach our goals of excellence in Patient Care, Education and Research. Our research office has undergone a lot of personnel change in order to better service all members of our Division as well as initiate our Divisional Continuous Quality Improvement Initiative. In late August, the Executive Committee held a one day retreat at the Hilton Lac Lemay to establish this year's academic schedule and explore opportunities to expand our clinical services.



*Paul E. Beaulé MD FRCS  
Head, Division of Orthopaedic Surgery  
University of Ottawa*

## INTRODUCING OUR NEW FACULTY MEMBERS

### Alberto Carli, MD FRCS



Dr. Carli completed his medical degree and orthopaedic residency in Montreal at McGill University. During his training, Dr. Carli was ranked as the top orthopaedic researcher at both the provincial and national level and received awards for teaching surgical orthopaedics to residents and medical students.

Dr. Carli then undertook an 18-month fellowship at the Hospital for Special Surgery in New York, the #1 ranked orthopaedic hospital in the United States. During this time, Dr. Carli performed over 550 joint replacements and was recognized for his academic research. He was then awarded the highly competitive Maurice Muller Fellowship in complex hip reconstruction, travelling across Europe for six months to operate alongside internationally renowned joint replacement surgeons. Dr. Carli has authored multiple papers in the field of joint replacement, is a reviewer for four international orthopaedic journals and has presented his work at medical conferences across North America and Europe.

Dr. Carli is grateful to join the outstanding orthopaedic group at The Ottawa Hospital and is honoured to serve the community. He is proficient in both the anterior and posterior approach for hip replacements and utilizes principles of minimally-invasive surgery in all of his procedures. Dr. Carli is committed to helping his patients recover quickly following surgery so that they can regain their independence and get back to the activities they love doing.

### Brad Meulenkamp, MD FRCS

Dr. Meulenkamp completed his medical studies at the University of Calgary, followed by his residency training at the University of Ottawa. He then undertook a year of fellowship training in both Orthopaedic Trauma and Foot and Ankle reconstruction.

Dr. Meulenkamp joined The Ottawa Hospital-Civic Campus, focusing his patient care on a full range of forefoot, hindfoot and ankle pathology as well as acute fracture care and post-traumatic reconstruction. Dr. Meulenkamp is concurrently completing a Masters of Clinical Epidemiology through the University of Ottawa with a focus on research methodology, clinical trials, and knowledge translational research.



### Geoffrey Wilkin, MD FRCS



A native of Kingston, Ontario, Dr. Wilkin is a graduate of Queen's University medical school and holds an undergraduate degree in Kinesiology from McMaster University. After completion of his Orthopaedic Surgery residency, he was admitted as a Fellow of the Royal College of Surgeons of Canada in 2014. He then pursued two years of sub-specialty fellowship training at the Hospital for Special Surgery in New York, NY in the fields of Orthopaedic Trauma and Hip Preservation Surgery. These areas of sub-specialization will be reflected in his clinical practice.

Based at The Ottawa Hospital-Civic Campus, the regional trauma centre for Eastern Ontario, Dr. Wilkin will care for patients with complex orthopaedic injuries, including fractures of the pelvis and acetabulum. He will also treat patients with fracture-related complications such as non-union, malunion, and post-traumatic deformity.

In addition to his trauma practice, Dr. Wilkin will also have an elective practice in hip preservation surgery. Using both arthroscopic and open surgical techniques, Dr. Wilkin will treat painful hip conditions in younger patients (e.g. femoroacetabular impingement/FAI, hip dysplasia, residual paediatric hip disease, etc.) before significant arthritis has developed.

## INTRODUCING OUR NEW RESIDENTS

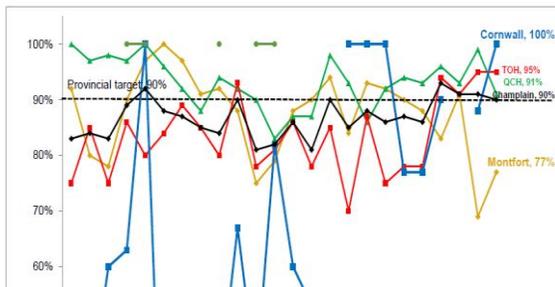


From left to right: Drs. Alenko Šakanović, Matthew Coyle, Massimo Petrera, Alexandra Bunting, Mohammad ALSaqabi, Micheal Cochran, Amedeo Falsetto

### DIVISION NEWS

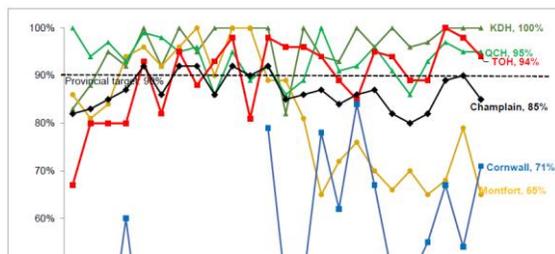
#### Wait time for hip and knee replacements:

TOH is now a top performer in our region. Thank you to all our staff and admins for your efforts.



HIPS

\*TOH IN RED



KNEES

\*TOH IN RED

### ACADEMIC NEWS

#### New Resident Research Supervisor: Dr. Braden Gammon, MD MSc FRCS

We would like to extend our thanks to **Dr. Peter Lapner** for doing an amazing job for the last several years.

#### TOHAMO Quality and Patient Safety Grant Award Winner:

**Dr. Kathleen Gartke, MD FRCS**  
"Effectiveness of a Patient Surgical Notepad on Patient Experience, Adverse Events & Hospital Readmissions in Patients Undergoing Elective Orthopaedic Surgery"

#### Research Office:

We would like to welcome to the research team:

**Dr. Jung-Kyong Kim**  
New Research Coordinator

**Cheryl Kreviazuk**  
New Research Assistant

## FACULTY NEWS

### COA Basic Science Course

**Dr. Joel Werier** assumed the Directorship of the COA Basic Science Course held October 26-30, 2016 with the following staff participating: Drs. Sasha Carsen, Brad Meulenkamp and Geoff Wilkin.

### Royal College Examiners at Kuwait Orthopaedic Board

**Drs. Wade Gofton and Steve Papp** represented the Royal College as external examiners in Kuwait City from September 17-21, 2016. They helped develop and administer the new board exams for graduating Kuwait orthopaedic surgeons.



Congratulations to **Dr. Karl-André Lalonde**, who will be assuming the responsibilities of Program Director for the residency program as of January 1, 2017.

*We would like to thank Dr. Joel Werier for his outstanding work as Program Director and commitment to the residency program these past eight years.*

## VISITING PROFESSORS

**Dr. David Sanders from Western University**  
**Garth Johnson Trauma Visiting Professor**



**Dr. Alan Curtis from Tufts University**  
**Don Johnson Sports Medicine Visiting Professor**



## RESIDENT NEWS

The academic year of 2016/2017 is off to another great start. The annual resident run summer anatomy program went off well and the residents have transitioned into the daily teaching sessions and weekly academic half-days.

The second year residents participated in the Principles and Practice of Clinical Research Course this past September in Burlington, Ontario. Attention is now turning to the annual OITE exam coming up in November and the second year residents are buckling down for the LMCC 2 at the end of the month.

The learning opportunities that the Ottawa training program supplies has continued this year with a large group of the residents recently going to Orlando to complete the AO trauma basic and advanced courses in principles of fracture care. These courses were tremendously well received, and the residents are very grateful to the program and our friends at Synthes who helped fund and make attending the course a possibility.

Apart from academics, the 29<sup>th</sup> annual Orthoman competition was held at Dr. Don Johnson's cottage on August 27<sup>th</sup>, an event cherished by all residents! Congratulations to the winners, Dr. Meaghan Marien



From left to right: Shelby McKinnon, Tribe Medical, Drs. Don Johnson and Meaghan Marien

## CLINICAL NEWS

### CIVIC CAMPUS

E5 bids farewell to **Joy Gillis** and **Sue Atkinson** who retired after many years on ortho. We wish them all the best!

Kudo's to **Kristin Thompson**, educator on E5, who is presenting at the National Simulation Conference on the cutting edge use of simulation in training of new nurses at TOH.

Kellam seminar was held on Oct. 24<sup>th</sup> on knee surgeries featuring live TKR with **Dr. Wade Gofton**.

### Upcoming Educational Event:

Nov 28th E5 unit project:  
Addressing the needs of our substance use disorder population.

## CLINICAL NEWS

### GENERAL CAMPUS

### Outpatient clinics:

**Alex Brazeau** and **Martin Garneau** actively participated in the casting workshop for residents with **Dr. Robert Feibel**.

### Medical Device Price:

List standardized at both the Civic and General campuses.

We are in the process of installing point of sale terminals at both campuses so patients can pay for their medical devices by debit/credit card before leaving the Plaster room.

### TIME UP AND GO TEST (TUG):

TUG testing in Module 0 has been in effect since April permitting us to triage patients for early discharge after joint replacement.

Congratulations to **Dr. Meaghan Marien** for being selected to be a member of the MyChart Committee!

On September 23, 2016, surgeons, residents, support staff and industry representatives took part in the 4th Annual Ottawa Orthopaedic Open Golf Tournament. This year's tournament was hosted by Dr. J Pollock at the Ottawa Hunt and Golf Club and sponsored by Linvatec, Zimmer Biomet and Tribe Medical. Congratulations to the winning team!



From left to right: Dr. Jim Randall, Steve Wilson from Linvatec, Dr. Andrew Stewart, Dr. Steve Papp

The residents continue to be involved in the community. The first year residents showed their support at the annual Valerie Flutter Foundation Gala held on October 15<sup>th</sup>, where they provided information on sarcoma and were available to answer any questions. This year's theme was Margi Gras. The event was a success and \$40,000.00 was raised for sarcoma research.



## ALUMNI NEWS

**Dr. Merv Letts**, Division Chair from 1998-2002 remains active in the Ottawa Rotary Club being recipient of the Paul Harris Fellow Award for Exemplary Service. He has authored a book entitled Sinai Surgeon: [www.sinaisurgeon.com](http://www.sinaisurgeon.com).

**Dr. Natasha Holder**, class of 2014, will be starting her practice at the Pembroke Regional Hospital which is establishing a new orthopaedic program.

**Dr. Gillian Bayley**, class of 2015, will be starting her practice at the Sky Lakes Medical Center in Klamath Falls, Oregon.

**Dr. Alan Giachino**, class of 1976, **Dr. Michael Lapner**, class of 2011, with **Dr. Braden Gammon** after completing a cadaver lab session where Dr. Giachino demonstrated his technique of osteo-articular graft at the wrist.



**ALUMNI PLEASE SEND US NEWS ABOUT YOU!**