



Ottawa Orthopaedics Quarterly

From the Desk of the Chair

February 2016

As I reflect on my first year as Chair of our Division, I cannot but be amazed and proud of the commitment and hard work of our members. We embarked on this journey by first engaging our members and collaborators to establish our five year Strategic Plan. Now this plan is becoming a reality with the members donating one million dollars for the establishment of a Research Chair in Regenerative Orthopaedic Surgery. With our 50th Anniversary Celebration approaching quickly, we will have even more reasons to celebrate this great tradition of Orthopaedic Care in the National Capital Region. *BRAVO À TOUS!*



Paul E. Beaulé, MD
Chair of Division of Orthopaedic Surgery
The Ottawa Hospital

DIVISION NEWS

The Division of Orthopaedic Surgery is donating **1 million dollars** for the establishment of a **Research Chair in Regenerative Orthopaedic Surgery** at the Ottawa Hospital Research Institute with the goal of leading and enhancing discoveries of innovative approaches for therapies for the musculoskeletal system. This Chair will be further supported through the provision of a regular University position by the Faculty of Medicine. Through significant infrastructure and financial commitments, this new Research Chair reflects the collaborative efforts of both Faculty of Medicine and OHRI in recruiting the best researchers and pursuing its goals of excellence in research and clinical care. The members of the Division of Orthopaedic Surgery, many of whom are University of Ottawa alumni, are proud of being part of this success story.

What does this mean?



Ask your healthcare provider.

Repair. Restore. Regenerate.



ACADEMICS

Drs Hesham Abdelbary and **Joel Werier** are part of the group that received the **Joan Sealy Grant** of \$35,000 for the 3D-Printing of Bone Neoplasms to Enhance Intervention.

The COTS group consisting of the Ottawa contingent **as Drs Wade Gofton, Allan Liew, Steve Papp and researcher Julia Foxall** received the prestigious **Bovill Prize** again for their paper "A Multi-Centre RCT Comparing the InterTAN Device Versus the Sliding Hip Screw in the Treatment Of Geriatric Hip Fractures: Results depend on Pre-Injury Functional Level". Considering the quality of science on display at the 2015 OTA Annual Meeting at which 900 abstracts were submitted, it is quite an honor to be selected for this prestigious award. This group has won the award in previous years including 2007, 2010 and 2012.

Drs Sasha Carsen and Leanne Ward received POSNA/OREF's marquee annual peer-reviewed research grant of \$30,000. The grant was awarded for the "A Pilot Investigation into the Genetics of Mild Bone Fragility" study with co-investigators Kym Boycott (Genetics), Frank Rauch (Bone Health, Shriners's Hospital), Lou Lawton, Baxter Willis, Kevin Smit, Ken Kontio, and Jay Jarvis.

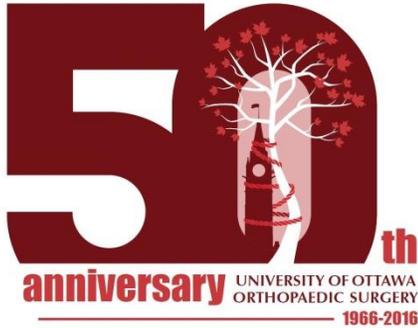
Dr Kathleen Gartke, lead for our Patient Safety and Continuous Quality Improvement, introduced *The Orthopaedic Patient's Hospital Workbook* pilot at the General Campus in recent months. Dakota has been following up on the ward to get an idea of impact on patient experience. Staff, nurse, and patient input will be used to consider design amendments. Based on the feedback, changes will be introduced to make the workbook more user-friendly. Interest at the Departmental level for a generalized roll-out is being considered. We would like to thank all of you who took the time to sign in and ensure that every patient had a booklet.

CLINICAL NEWS

Clinic Cancellations in Module O at the General Campus have **dropped** significantly since the new Corporate OR Schedule was put into place. From April – August 2015 clinic cancellations averaged 24%, while from September 2015 to January 2016 they averaged just 5%.

This is great news for the Division!

UPCOMING EVENTS



To acknowledge and celebrate our 50th Anniversary, we will be holding a full day CME event during the day featuring our alumni which all of you are welcome to attend. <https://events.cmeuottawa.ca/website/index/110089>

This will be followed by a Gala that evening where all the proceeds will go towards the establishment of a Research Chair in Regenerative Orthopaedic Surgery.

Hope to see you there in support of our cause!

ALLIED HEALTH PROFESSIONAL FOCUS

Martin Garneau, a part time Ortho Tech, is now working Wednesday and Friday at the Civic campus.

Clinical Manager **Helen Vaillancourt** would like to thank all the Plaster room staff at the General campus for their dedication and hard work!

Canadian Orthopaedic Nurses Association (CONA) Ottawa hosted an **education day** on February 8th at the Civic Campus. The workshop focused on "Pain in Orthopaedics".

Introducing our New Physician Assistants

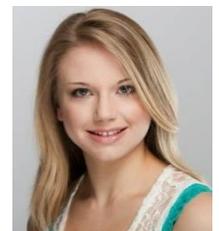


Natasha Belanger-Willoughby

Natasha moved to Ontario from the East Coast after completing her undergraduate training in Neuroscience and Biology and her Master of Science in Medicine at Memorial University of Newfoundland. Her interest in surgery led her to a career as a PA. As a recent graduate from McMaster University's Physician Assistant program, she began work at The Ottawa Hospital Civic campus in November 2015 as part of the Orthopaedic Trauma Service. Her role includes rounding on ward patients, aiding in discharge planning, seeing outpatients in the Plaster Room, and assisting in the operating room.

Dakota Warkentin

Dakota is a recent graduate from the Physician Assistant program through the University of Toronto. Dakota is from Thunder Bay and studied Biology at Lakehead University prior to becoming a Physician Assistant. She is currently working in the Orthopaedic Oncology Service at the General Campus. Dakota has a strong background in Tobacco Control, having worked in tobacco prevention at the Thunder Bay District Health Unit, tobacco cessation with Leave the Pack Behind through Brock University, and youth advocacy training with a focus on tobacco prevention through the Ontario Lung Association. She chose to become a PA because of the broad nature of the training and the variety of medical fields that can be explored after graduation. She looks forward to being a "Trail Blazer" and advocating for the progression of the Physician Assistant role. She is excited to be in Ottawa and to be a part of the Orthopaedic team at TOH General Campus.



RESEARCH GROUP UPDATES

We would like to welcome **Dr. Carly St. Germain**, our new research coordinator, to the group. Carly obtained a Ph.D. in biochemistry from the University of Ottawa and has extensive experience in clinical research from the University of Ottawa, Ottawa Hospital Research Institute, and Health Canada. She will be replacing Kendra's previous position.

TEACHING PROGRAM & RESIDENTS

In January, the residents had a retreat at Mont Tremblant in preparation for our upcoming accreditation. It was a great opportunity to discuss the program and facilitated a lot of productive group collaborations and discussions.

Overall, it was a fantastic weekend and a valuable bonding experience. A huge thank you to the residents and fellows who covered call that weekend. Additionally, the weekend could never have been possible without support from Dr. Werier and the program and all of the residents are incredibly thankful.