



Ottawa Orthopaedics Quarterly

From the Desk of the Chief

February 2017

Balancing life and work remains a challenge for all of us. But without a team effort, the scale will not tip in our favor. At our recent Staff Journal Club, we discussed the professional reflections of Richard Rothman MD PhD where he laid out his key five rules for success: **1) Accomplishment is a team sport 2) Utilize a center of excellence model 3) Simplify the operation 4) Good judgment is your greatest asset 5) Preserve the surgical engine - you!** Not only are these applicable to each of us regardless of where we are at in our careers but also certainly applicable to our administrative leaders with whom we collaborate every day.



Finally, it is with mixed feelings that I share the news of the **retirement of Monique Beaulne: the ORACLE of The Ottawa Hospital!** We have all sat down in her office at one point in our residency or career! **Merci Monique et bonne retraite!**

*Paul E. Beaulé MD FRCS
Head, Division of Orthopaedic Surgery
University of Ottawa*

DIVISION NEWS

Rattle me Bones (RMB) was a huge success with approximately 1400 runners/150 volunteers and raising over \$84 000. Thank you to all the staff and residents for their support. A special kudos to Jackie Mace who has been a part of RMB for over 25 years.



At the end of last year, our residency program received full accreditation. **CONGRATS TO OUR RTC and Dr. Joel Werier!**

Launch of our New Website-Going Live on March 1st.
www.orthottawa.com

Orthopaedic Excellence in Canada's Capital – *Let us Move You!*

Excellence Orthopédique Dans La Capitale Du Canada - *Notre vie n'est que mouvement!*

ACADEMIC NEWS

Dr. Sasha Carsen was awarded one of the two International Society of Hip Arthroscopy traveling fellowships.

Dr. Steve Papp, Director of Clinical Services, has been promoted to the level of Associate Professor.

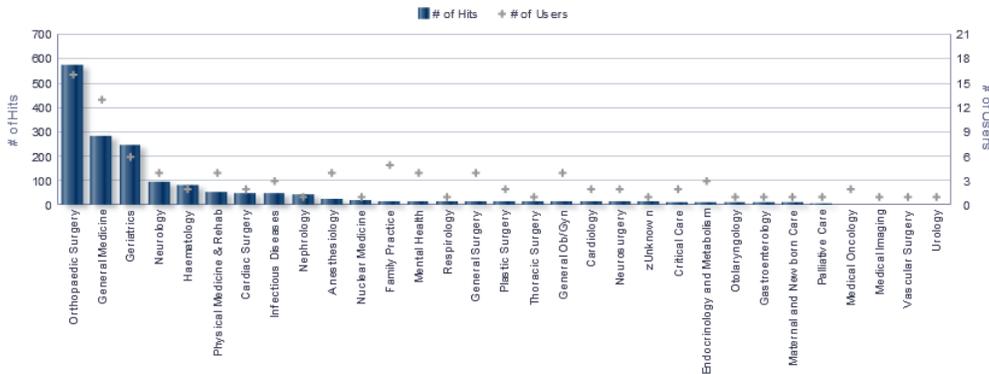
Dr. Karl-André Lalonde has officially taken over as our new Program Director.

Isabelle Catelas PhD and Dr. Paul E. Beaulé with co-authors Eric Lehoux PhD, Daniel Figeys PhD, Ning Zhibin and Stephen Bask are the recipient of the **William H. Harris Award'17** from the Orthopaedic Research Society for their work on: **Differential Proteomic Analysis of Hip Synovial Fluid from Patients with a Pseudotumor vs. Periprosthetic Osteolysis.**

FACULTY NEWS

DR. KATHLEEN GARTKE: THE OTTAWA HOSPITAL'S NEW MEDICAL LEAD FOR PATIENT EXPERIENCE

Dr. Gartke brings a wealth of experience as Clinical Lead of Quality & Patient Safety for the Division of Orthopaedic Surgery where our Division leads in physician engagement within TOH.



FIRST STAFF JOURNAL CLUB JANUARY 26, 2017

This was held at Dr. Beaulé's residence with a fabulous wine and cheese tasting discussing not only how the wines of the New World compared to the Old Continent but also a wide range of topics covering Competency Based Training for our residents, patient safety and surgeons' perceptions, growing issue of road side accidents in developing countries.

DR. CHRISTOPHER KENNEDY RETURNS AS WE BID FAREWELL TO DR. CHRIS de JESUS

We welcome back Dr. Christopher Kennedy to our group to support our trauma activities. He completed his tour of duty in Iraq. Special thanks to Dr. Chris de Jesus for his excellent care of our trauma patients.

DRS. POLLOCK, MARSHALL AND LIEW CELEBRATE THE RED-BLACKS GREY CUP WIN!



VISITING PROFESSORS

Dr. Bas Masri, Professor, Department of Orthopaedics, UBC was our Adult Reconstruction Visiting Professor. This two-day visit was highlighted by a Journal Club at the Rideau Club with surgeons from the National Capital Region participating as well as a presentation by Dr. Masri at the Department of Surgery Grand Rounds entitled: "Why Quality Matters".



CLINICAL NEWS

General Campus

Diane Cornell, Nurse Educator, retired after 30 years at TOH.

Welcome to **Sam Baluyot**, Interim Nurse Educator.

Bita Katouziyan will be defending her Master's thesis March 1, 2017. Let's wish her luck!

6NE is piloting a GRP fractured hip pilot with **Dr. Mazen Younes**, Hospitalist.

Civic Campus

Cheryl Aumont RN was awarded the Zagerman award for her work on substance use disorder on E5 and has applied for an RNAO scholarship for her work as well.

Arlene O'Driscoll RN retired after many, many years on Ortho.

Brenda Suidacal, orderly, also retired after over 10 years at TOH.

Jackie Mace RN, was awarded RNAO's President's Award for Leadership in Clinical Nursing Practice. WELL DONE!

E5 is participating in a pilot project on improving the care we provide to our substance use disorder population with **Dr. MacDougall** from the pain and addiction program.

RESEARCH NEWS

General Campus

A warm welcome to our new Clinical Research Coordinator, **Sara Ruggiero, M.Sc., B.Sc.** Sara has joined the upper extremity group at the General Campus.

Civic Campus

A warm welcome to our new Clinical Research Assistant, **Nicole Harris, B.Sc.** Nicole has joined the trauma group at the Civic Campus.

RESIDENT NEWS

The academic year is quickly passing by as we transition into 2017

Some big changes have taken place recently as the previous Chief, John Morellato and Junior Chief, Meaghan Marien are passing on the torch to **new Chief, Andrew Stewart and Junior Chief, Megan Richards**.



Andrew Stewart



Megan Richards

John and Meaghan did a fantastic job last year as our leaders, whose hard work paid off and brought some positive and longstanding additions to the program. All of the residents are truly grateful for all their hard work and unwavering commitment.

Likewise, our previous Program Director, **Dr. Joel Werier**, has finished his well accomplished term. All of the residents are incredibly grateful for everything Dr. Werier has done for them and the selfless devotion he has given to the Orthopaedic residency training program.

On the same note, we are very happy to have **Dr. Karl-André Lalonde** as our new commander and chief, and know that he will do a fantastic job and continue to help make Ottawa orthopaedics one of the best programs in the country!

Overall, the residents are continuing to work hard and accomplishing the many milestones that come along throughout the academic year. The residents have recently kept the tradition alive and attended the second annual resident retreat in Mont Tremblant. Once again, it was a great way to spend some quality bonding time with each other and have a chance to have some productive conversations regarding the program. The residents are very grateful to the program for allowing such a great event to take place! Overall, there are new exciting changes and ongoing traditions that make the program so successful.

RESEARCH NEWS

CQI INITIATIVES

We are pleased to announce that the **Foot and Ankle Clinical Practice Unit** will be first to undertake the Continuous Quality Improvement (CQI) initiative this spring, to be followed by the Orthopaedic Oncology group.

We look forward to implementing the CQI program in all Clinical Practice Units throughout Orthopaedics in the fiscal year 2017-2018 and contributing to the goal of The Ottawa Hospital in becoming a top 10 percent performer in quality and patient safety in North America.

CHEO

Gary Bourque has joined the research team for Orthopaedics as part of the collaborative effort with Dr Leanne Ward's research group.

ALUMNI NEWS

Our Alumni is stepping up to match the 1 million donated by current active members of our Division.



What does this mean?



Ask your healthcare provider.

Repair. Restore. Regenerate.



Big thanks to **Dr. Martin Fiala**, class of 1994, **Dr. Wadih Matar**, class of 2008, **Dr. Merv Letts**, former Division Chair, **Dr. Jean-Pierre Desjardins**, class of 1969, **Dr. Tom Smallman**, **Dr. Hossein Pakzad**, class of 2009.

A SPECIAL THANK YOU to Dr. Prem Parmar, class of 1999, for committing \$100,000 to our Chair.

Dr. Jean-Pierre Desjardins, class of 1969, shared with us one of the first shirts from some of the first Rattle me Bones - 1992...



Dr. Don Johnson, class of 1973, has been recently honored with the John C. Kennedy Memorial Lectureship



Don Johnson MD, FRCS
2017 Distinguished Lecturer
March 18, 2017
San Diego, CA

Dr. Cai Wadden, class of 2014, is practicing in PEI in Trauma and Foot and Ankle Reconstruction.

ALUMNI PLEASE SEND US NEWS ABOUT YOU!